



## Exam in Session

### Maine 2021 Football Exam - Part I

#### Exam Terms & Instructions

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The exam to follow will have 100 questions. You may “Flag” a question for review. You can review Flagged questions at any time while taking your exam. You can “Save & Exit” your exam at any time to complete at a later date. All questions must be answered prior to submitting the exam. Please select the best possible answer for each question.

**NOTE:** In the exam situations, A—refers to the offensive team and B—refers to their opponents the defensive team. K—refers to the kicking team and R—refers to the receiving team. A1, B1, K1 and R1 are players of these teams. If team possession changes during the down, each team retains its identity. In kicking situations, it is not during a try and no fair-catch signal has been given unless specified. Unless stated, acts occur while: the ball is inbounds; a forward pass is legal; any out-of-bounds is between the goal lines. Line means scrimmage line. Reference to a foul is to a player foul which is not unsportsmanlike. There is no foul or change of possession, unless it is mentioned, and penalties are considered accepted for enforcement.

Are you ready to begin the exam?

← No, Go Back

Yes, I'm Ready →

\*\*\* PLEASE NOTE\*\*\*

This is only meant to be a helpful paper copy of the on line exam, you **MUST** still enter in your answers under your account at <https://exams.nfhs.org/> prior to the window closing. This Part I exam is available from Monday August 9th until Thursday September 9th at 11:59 PM

# Maine 2021 Football Exam - Part I : NFHS Questions: Questions

100 Unanswered Questions

1. At the snap, at least five A players shall be on their line of scrimmage and no more than five A players may be backs.
  - A) True
  - B) False
2. The penalty for illegal kicking or batting is 5 yards.
  - A) True
  - B) False
3. Ready-for-play signifies that the ball may be put in play by a snap or a free kick with 25 seconds or 40 seconds on the play clock.
  - A) True
  - B) False
4. The penalty for a player who is not properly equipped is to remove that player for at least one down.
  - A) True
  - B) False
5. The passer continues to be a defenseless player until the legal forward pass ends or the passer moves to participate in the play.
  - A) True
  - B) False
6. The signal for free kick infractions, other than encroachment of the neutral zone is Signal 18.
  - A) True
  - B) False
7. At the option of the offended team, the basic spot may be the succeeding spot for fouls by K during a legal free or scrimmage-kick down (other than kick-catch interference) prior to the end of the kick when K will not be next to put the ball in play.
  - A) True
  - B) False
8. Blocking below the waist is permitted in the free-blocking zone when all players involved are on the line of scrimmage and in the zone at the snap; the contact is in the zone; and the block is an immediate, initial action following the snap.
  - A) True
  - B) False
9. No player or nonplayer shall trip an opponent.
  - A) True
  - B) False
10. Effective with the 2024 season, the entire body of the number shall be a single solid color that clearly contrasts with the body color of the jersey.
  - A) True
  - B) False

11. The horse-collar foul is enforced as a live-ball foul.

- A) True
- B) False

12. By state association adoption, use of instant replay is allowed only for postseason contests.

- A) True
- B) False

13. During a kick, an offensive player may use his hands or arms to ward off an opponent who is attempting to block him.

- A) True
- B) False

14. It is legal for a player positioned directly behind the snapper to conserve time by intentionally throwing the ball forward to the ground immediately after receiving the snap that has neither been muffed nor touched the ground.

- A) True
- B) False

15. The field of play is the area within sidelines and the goal lines.

- A) True
- B) False

16. The free-blocking zone disintegrates and the exception for an offensive lineman to block in the back is not to continue after the ball has left the zone.

- A) True
- B) False

17. Decorative markings in the end zone may be within a foot of the goal line.

- A) True
- B) False

18. When R1 gains possession of a free kick, blocking below the waist by teammates is legal.

- A) True
- B) False

19. It is recommended that the restraining line be marked by placing 12-inch-long lines, separated at 24-inch intervals.

- A) True
- B) False

20. A down ends when the live ball becomes dead.

- A) True
- B) False

21. Each head coach shall designate a representative who will make decisions regarding penalty acceptance or declination.

- A) True
- B) False

22. A tinted eye shield is illegal.

- A) True
- B) False

23. A disconcerting act foul is a 10-yard penalty.

- A) True
- B) False

24. The play clock is set to 25 seconds when an official's time-out is taken for an injury to a defensive player or a defensive player has an equipment issue.

- A) True
- B) False

25. When weather conditions are construed to be hazardous to life or limb of the participants, the crew of game officials is authorized to delay or suspend the game.

- A) True
- B) False

26. The head coach of each team is not responsible for his team being on the field for the mandatory three-minute warm-up period after halftime intermission.

- A) True
- B) False

27. If there is a double foul during the last timed down of a period, the period is automatically extended.

- A) True
- B) False

28. Any receiver may signal for a fair catch while any legal kick is in flight.

- A) True
- B) False

29. The succeeding spot is where the ball was last snapped or free kicked.

- A) True
- B) False

30. A signal given by R1 in or behind the neutral zone during a scrimmage kick is an illegal fair-catch signal.

- A) True
- B) False

31. If R1 signals for a fair catch, he may not block until the kick ends.

- A) True
- B) False

32. Following a legal kick when either team is awarded a new series, the play clock will be set to 25 seconds.

- A) True
- B) False

33. The referee shall have the authority to correct obvious errors in timing by the play clock if the discovery is prior to the snap.

- A) True
- B) False

34. If the game is interrupted due to the weather during the last three minutes of the second period, and the delay is at least 30 minutes, the opposing coaches can mutually agree to shorten halftime intermission, provided there is at least a one-minute intermission (not including the three-minute warm-up period).

- A) True
- B) False

35. If R1 touches K1's field-goal attempt in R's end zone in flight and the ball caroms between the uprights and above the crossbar, the attempt is good.

- A) True
- B) False

36. A passer continues to be a passer until the legal forward pass ends or until he moves to participate in the play.

- A) True
- B) False

37. If the ball is beyond the neutral zone when it leaves the passer's hand on a forward pass, it is an illegal forward pass.

- A) True
- B) False

38. If an illegal forward pass strikes the ground, the ball remains live.

- A) True
- B) False

39. A forward underhand pitch behind the neutral zone from A1 to A2 is an incomplete pass if not caught.

- A) True
- B) False

40. A disqualified player shall be removed even if the penalty for the foul is declined.

- A) True
- B) False

41. If a player refuses to comply with a game official's directive, the player will be disqualified.

- A) True
- B) False

42. If a player is charged with an unsportsmanlike foul because of a prolonged or excessive act, he/she must be disqualified.

- A) True
- B) False

43. Initiating contact with an opposing player whose helmet has come completely off is ruled an illegal personal contact foul.

- A) True
- B) False

44. No foul causes a live ball to become dead.

- A) True
- B) False

45. It is legal to grasp the opponent's chin strap.

- A) True
- B) False

46. A place-kick following an awarded fair catch may score a field goal.

- A) True
- B) False

47. A field goal may be scored by a kickoff.

- A) True
- B) False

48. After the ball is marked ready-for-play, and until the ball is kicked, K must have at least two K players on each side of the kicker.

- A) True
- B) False

49. The kickers may not advance a recovered free kick.

- A) True
- B) False

50. A kick ends as soon as R1 touches the kick.

- A) True
- B) False

51. The distance penalty for any foul may be declined.

- A) True
- B) False

52. A foul that occurs simultaneously with the snap is an exception to the all-but-one enforcement principle.

- A) True
- B) False

53. The re-entry of a disqualified player is an illegal participation foul.

- A) True
- B) False

54. If an inadvertent whistle sounds during the last timed down of a period, the period must be extended by an untimed down.

- A) True
- B) False

55. It is illegal participation for a player whose helmet comes completely off during a down to continue to participate beyond the immediate action in which the player is engaged.

- A) True
- B) False

56. The penalty for a chop block is 5 yards.

- A) True
- B) False

57. Fouls that occur after an inadvertent whistle can only be dead-ball fouls.

- A) True
- B) False

58. A foul during a try is not paired with a dead-ball foul to create a double or multiple foul.

- A) True
- B) False

59. The penalty for illegal handing is 15 yards and loss of down.

- A) True
- B) False

60. All nonplayer fouls are enforced from the succeeding spot.

- A) True
- B) False

61. Forward pass interference can occur behind, in or beyond the neutral zone.

- A) True
- B) False

62. While it is possible to have several running plays during a down, with each one having its own basic spot of penalty enforcement (where the related run ended), there can only be one loose-ball play during a down.

- A) True
- B) False

63. If a substitute or replaced player influences the play, it is illegal participation.

- A) True
- B) False

64. A football jersey does not need to completely cover the shoulder pads and all pads worn above the waist on the torso.

- A) True
- B) False

65. If during a down in which time expires, K1 holds during a successful field-goal attempt, the period is automatically ended and the score is canceled.

- A) True
- B) False

66. The kicking tee may not elevate the ball more than 2 inches above the ground.

- A) True
- B) False

67. Any shift or feigned charge by A which simulates action at the snap is a false start.

- A) True
- B) False

68. An unofficial auxiliary down indicator is required field equipment for a game.

- A) True
- B) False

69. A line, 4 inches wide and a minimum of 48 inches in length, shall be centered in the field of play, 3 yards from each goal line.

- A) True
- B) False

70. The ball shall have the NFHS Authenticating Mark.

- A) True
- B) False



71. It is not a touchback when a forward pass is intercepted in B's end zone and becomes dead there in B's possession.

- A) True
- B) False

72. It is a touchback when A1 fumbles on B's 2-yard line and the ball goes into B's end zone and out-of-bounds there.

- A) True
- B) False

73. The team whose goal line is involved shall put the ball in play anywhere between the hash marks on its 20-yard line by a snap after a touchback and by a free kick after a safety.

- A) True
- B) False

74. If A1 is in his own end zone when he intentionally grounds a forward pass, it is a safety even if B declines the penalty.

- A) True
- B) False

75. A foul can cause the loss of the ball.

- A) True
- B) False

76. If the helmet of the tackler comes off in making contact with the runner, the ball becomes dead immediately.

- A) True
- B) False

77. Any player who exhibits signs, symptoms or behaviors consistent with a concussion shall be immediately removed from the game and shall not return to play until cleared by the head coach.

- A) True
- B) False

78. A television time-out is not charged to either team.

- A) True
- B) False

79. A period shall not be extended when a foul occurs that specifies a loss of down.

- A) True
- B) False

80. A state association may establish guidelines to use a running game clock when a point differential is reached.

- A) True
- B) False

81. Jerseys shall be long enough to reach the top of the pants.

- A) True
- B) False

82. There is a two-minute intermission following a try, successful field goal or safety and prior to a free kick.

- A) True
- B) False

83. During a down, if time expires for a period and a signal is sounded, the game officials shall ignore the signal.

- A) True
- B) False

84. It is a touchback if A1 fumbles on B's 5-yard line and B1's muff forces the loose ball into B's end zone and out of bounds beyond the end line.

- A) True
- B) False

85. Players of the same team shall not participate during the same down while wearing identical numbers.

- A) True
- B) False

86. During a field-goal attempt, the ball becomes dead if the kick is blocked behind the neutral zone.

- A) True
- B) False

87. It is not a touchdown when a runner advances from the field of play so that the ball penetrates the vertical plane of the opponent's goal line.

- A) True
- B) False

88. Touching of a low scrimmage kick by any player is ignored if it occurs in or behind the expanded neutral zone.

- A) True
- B) False

89. It is not a touchdown when a loose ball is caught or recovered by a player while the ball is on or behind his opponent's goal line.

- A) True
- B) False

90. No foul causes loss of the ball.

- A) True
- B) False

91. The penalty for blocking after giving a valid or invalid fair-catch signal is 15 yards.

- A) True
- B) False

92. A block against an opponent, other than the runner, who does not see the blocker approaching is a chop block.

- A) True
- B) False

93. After a team has used its permissible charged time-outs for the half, any subsequent request shall be denied unless it is for the review of a possible misapplication or misinterpretation of a rule.

- A) True
- B) False

94. The ball may not contain the school name, logo and/or mascot.

- A) True
- B) False

95. Pass interference restrictions on a legal forward pass begin for B with the snap.

- A) True
- B) False

96. K's free-kick line after a safety is the 30-yard line.

- A) True
- B) False

97. The penalty for a forward pass, batted, muffed or caught by an ineligible A player who is behind, in or beyond the neutral zone is loss of 5 yards and loss of down.

- A) True
- B) False

98. A defensive player shall not contact an eligible receiver who is no longer a potential blocker.

- A) True
- B) False

99. The enforcement spot for any foul by the defense is the previous spot when the run ends in the end zone and would result in a safety.

- A) True
- B) False

100. No player or nonplayer shall hurdle an opponent.

- A) True
- B) False