Goal Line Pylon

Everything you ever wanted to know about the goal line pylon but were afraid to ask!

Two rules you should keep in mind before watching the video

2-26-3: The goal line is the vertical plane which separates the field of play from the end zone. When related to a live ball in a runner's possession (<u>touching inbounds</u>) while the ball is over the out-of-bounds area, the goal line includes the extension beyond the sidelines. A team's own goal line is the one it is defending.

Two rules you should keep in mind before watching the video

2-29-1: A player or other person is out of bounds when any part of the person is touching anything (such as a pylon), other than another player or game official that is on or outside the sideline or end line.

Aloha Video: Matt Sumstine

2020 Aloha Clinic Pylon Training - Bing video